

How do I experience or participate in different forms of polarization?

Adapted from Pew Research Center

OPPOSING POLITICAL PARTY POLARIZATION

OPPOSING POLITICAL PARTY POLARIZATIO	
Take a moment to think about your political party identification. Reflect on your feelings about members of your party, as well as feelings toward members of the opposing party.	RATING
On a scale of 1-to-10, where "1" is extremely cold, and "10" is extremely warm, how would you rate your feelings toward members of the opposite party?	
On a scale of 1-to-10, where "1" is extreme distrust, and "10" is extreme trust, how would you rate your level of trust toward members of the opposite party?	
On a scale of 1-to-10, where "1" is extreme discomfort, and "10" is extreme comfort, how would you rate your comfort with having a conversation with a member of the opposite party?	
On a scale of 1-to-10, where "1" is extremely cold, and "10" is extremely warm, how would you rate your feelings toward members of your party?	
On a scale of 1-to-10, where "1" is extreme distrust, and "10" is extreme trust, how would you rate your level of trust toward members of your party?	
On a scale of 1-to-10, where "1" is extreme discomfort, and "10" is extreme comfort, how would you rate your comfort with having a conversation with a member of your party?	

REFLECT

- How extremely cold, untrusting, and negative were your feelings toward members of the opposite party? How extremely warm, trusting, and positive were your feelings toward members of your party?
- How do you think these feelings impact who you are willing to engage with in your dayto-day life?
- How do you think these feelings impact how you respond when you engage with members of the opposite party? Members of the same party?
- Did any of your answers surprise you?



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IDEOLOGICAL POLARIZATION

On a scale of 1-to-10, where "1" is not that strong/ not that important to me, and "10 is extremely strong/extremely important to me, how strong are your views on the following topics and issues?

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RATING		RATING		
	Social programs/social welfare		Taxation	
	Immigration		The American Dream	
	Abortion		Marriage Equality	
	Race		Foreign Policy	
	Criminal Justice		Gender	
	Capitalism		Climate Change/Global Warming	
	Business Regulation		Environmental Regulation	

REFLECT

- Looking at your ratings, does the strength of opinions on these issues surprise you at all? Why or why not?
- Look at your ratings, and pick out a couple of issues that you feel most strongly about.
 How would you feel engaging in a conversation with someone who had opposing views to you on these issues? Why?
- Look at your ratings, and pick out a couple of issues that you have less strong views on. How might a conversation with someone with an opposing view from you on these issues go? How might a conversation on this issue look different than a conversation on an issue that is most important to you? Why?



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POLITICAL POLARIZATION

The government should do more to provide assistance to those in need.	The government should not spend any more on welfare programs.
Racial discrimination significantly impacts the ability of people of color to get ahead in this country.	Whether people succeed or fail has little or nothing to do with their race.
Being a welcoming place for immigrants is an important part of our national identity.	We need to put American needs and interests first, and this means seriously restricting immigration into our nation.
Immigrants bring needed skills, talents, and labor to our economy.	Immigrants are often a drain on our country, they take jobs, and cost a lot in housing, education, and healthcare.
Immigrants benefit our society by bringing their rich cultural heritages to our country.	Immigrants should assimilate into American culture.
Maintaining peace with other nations abroad depends on the quality of our diplomatic relationships.	Maintaining peace with other nations abroad depends on the strength of our military.
The strength of the American experiment lies in our ability to adapt and change over time, and to grow into our founding values.	The Founding Fathers articulated a near perfect vision for this country, and we should do our best to follow exactly what they laid out in our laws.
Love is love. Regardless of your sexual orientation, you deserve the right to love and marry whoever you love.	Marriage is a sacred and age-old tradition and should remain limited to one man and one woman.



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POLITICAL POLARIZATION

I believe(check all boxes that apply)				
Gender-based discrimination in the workplace is real—it is harder for women to get ahead in workplaces.	Gender-based discrimination in the workplace no longer exists—women can get ahead just as easily as men in the workplace if they work hard.			
Belief in God has little to do with whether or not a person is moral.	Believing in God is an important and necessary part of being a moral person.			
Religion should be wholly separate from our government—the separation of church and state is core to America.	American is a Christian nation, and religious values should be part of shaping government policy.			
A woman's body is her own—she has the right to choose whether to carry a pregnancy to term, or to terminate the pregnancy.	A fetus is a person, and no one has the right to take that life away.			
There are certain circumstances in which abortions are medically necessary to protect the life and well-being of the mother.	There is absolutely no circumstance in which it is ever acceptable to terminate the life of a fetus.			
The economic system in America is fundamentally unfair.	The economic system in America is fair to all.			
Economic inequality in America is a critical problem.	Economic inequality is not a big problem in America.			
America is not a meritocracy—hard work is not a guarantee of success.	America is a meritocracy—anyone can get ahead through hard work.			
Corporate profits are way out of hand.	Corporations deserve all the profits they earn.			



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POLITICAL POLARIZATION				
I believe(check all boxes that apply)				
Corporations should be taxed at much higher rates.	Corporations should not be taxed any higher than they already are.			
The top income-earners in America should be taxed at higher rates.	The top-income earners in America should not be taxes any higher than they already are.			
It is clear that climate change is happening and it is a problem.	It is not clear that climate change is happening, or that it is a problem.			
It is clear that climate change is the direct result of human activity.	It is not clear that climate change is impacted by human activity.			
We need to implement much stricter environmental regulations to protect the earth.	Stricter environmental regulations are not worth the cost in jobs and the economy.			
COVID-19 is a major threat to public health that we need to respond to swiftly and powerfully.	We cannot let COVID-19 disrupt our lives and economy—we need to resume life as normal as quickly as possible.			

REFLECT

- How much did your check-boxes go straight down one column in the table above? How much did you check boxes across the two columns?
- To what extent do you think your positions on issues are shaped by the opinions of your political party? Or by other factors in your life?
- If the vast majority or all of your check-boxes were in one column, you would be considered "ideologically consistent" with either Democrats or Republicans (you probably figured that out a long time ago). It is well documented that "ideological consistency," one way of measuring political polarization, has increased dramatically over the last half
- century—it used to be more common to hold views associated with different party positions on different issues (i.e. immigration, race, economy, social programs, the role of government, abortion, etc.). Why do you think we have become more "ideologically consistent" as a nation?